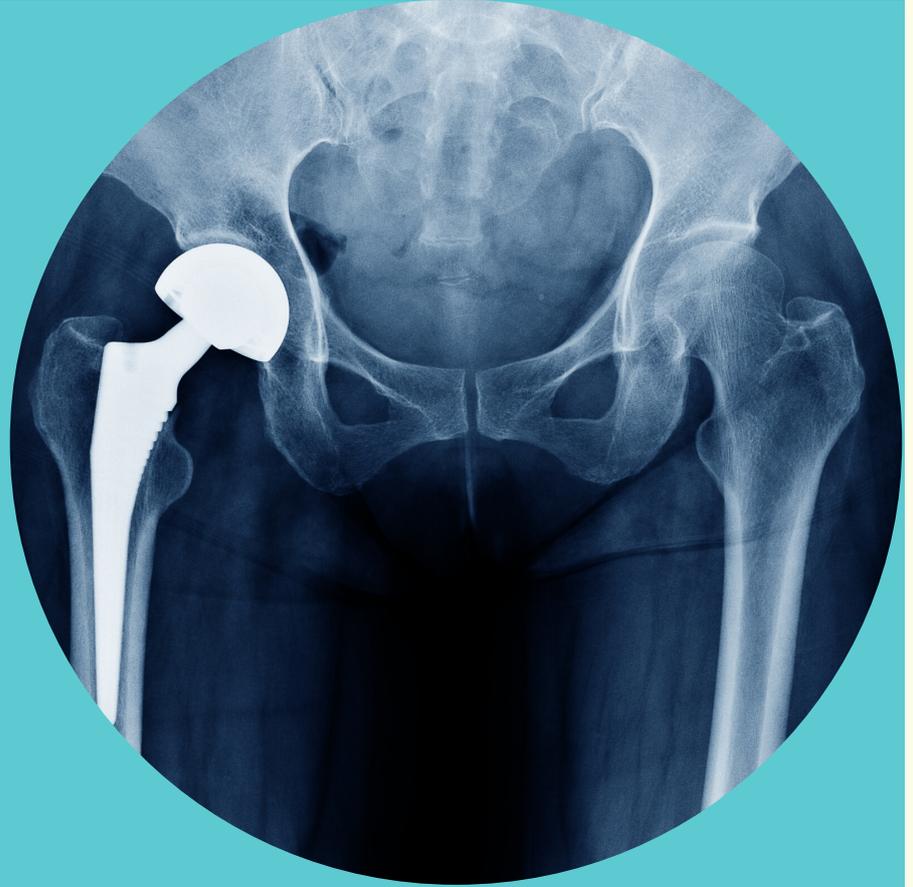


UNIVERSITY OF BRISTOL TRAUMA AND
ORTHOPAEDIC SOCIETY



BU National Research and Innovation
OS in Orthopaedics Conference 2020

A yearly conference for medical students and foundation doctors hosted by
Bristol University Trauma and Orthopaedics Society

Date: Saturday 29th February 2020

Location: Wills Memorial Building, Queens Rd, Clifton, Bristol BS8 1RJ, UK

Wills Memorial Building Opening Times: 9.00 - 19.00

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WESLEYAN



The Unofficial Guide to Medicine

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MORNING PROGRAMME

Please proceed to G25 Reynolds Lecture Theater in Wills Memorial Building where all lectures will be taking place throughout RIOC 2020.

09:30 - 10:00 | Registration & Posters to be displayed

10:00 - 10:05 | Welcome (Berenice Armbruster)

10:05 - 10:20 | Surviving your first Ortho on call (Mr Dan Yeomans)

10:20 - 10:35 | Advancements in Paediatric Limb Reconstruction
(Mr Fergal Monsell)

10:35 - 10:50 | BMA (Ms Hazel Brittan)

10:50 - 11:00 | Advancements in Sports Injuries (Mr David Woods)

11:00 - 12:00 | WORKSHOPS

Group A: Total Hip Replacement (Room 3.30)

Group B: DHS (Room 3.32) and Portfolio (Room 3.23)

Group C: External Fixation (Room 3.33)

12:00 - 12:15 | Orthopaedics abroad - Why bother? (Mr James Berwin)

12:15 - 12:30 | Surgical career myth-busting (And why you absolutely, definitely want to be an Orthopaedic Surgeon) (Mr Giles Pattison)

12:30 - 12:45 | How to start building your career from Med School onwards (Mr Dan Yeomans)

**12:45 - 13:45 | LUNCH (Room 1.5) AND
POSTER PRESENTATIONS**

AFTERNOON PROGRAMME

Please proceed to G25 Reynolds Lecture Theater in Wills Memorial Building where all lectures will be taking place throughout RIOC 2020.

13:45 - 14:30 | Student Podium Presentations

14:30 - 14:45 | Advancements in Trauma Orthopaedics

(Mr Michael Kelly)

14:45 - 15:00 | Women in Surgery (Miss Sarah Dunkerley)

15:00 - 15:10 | BOTTA (Shiv Kolhe)

15:10 - 15:30 | Afternoon Tea & Coffee (Room 1.5)

15:30 - 16:30 | WORKSHOPS

Group A: DHS (Room 3.32) and Portfolio (Room 3.23)

Group B: External Fixation (Room 3.33)

Group C: Total Hip Replacement (Room 3.30)

16:30 - 17:30 | WORKSHOPS

Group A: External Fixation (Room 3.33)

Group B: Total Hip Replacement (Room 3.30)

Group C: DHS (Room 3.32) and Portfolio (Room 3.23)

17:30 | CLOSING REMARKS AND PRIZES

(G25 Reynolds Lecture Theater)

LOCATION

LECTURES:

All lectures will be taking place in G25 Reynolds Lecture Theater in Wills Memorial Building. From the main entrance (Porters' Lodge on the left) proceed ahead to the Department of Earth Sciences. Turn right on entering the Department and follow the corridor until reaching G25 Reynolds which is on the left.

Food/catering/hot drinks/alcohol NOT permitted in this teaching space

WORKSHOPS:

Total Hip Replacement (Room 3.30)

DHS (Room 3.32) and Portfolio (Room 3.23)

External Fixation (Room 3.33)

Room 3.23, 3.30, 3.32 and 3.33 are in the Wills Memorial Building. From the main entrance (Estates Assistant's Office on the left) take the stairs or lift to the third floor. Turn right and follow the corridor.

Room 3.23 is at the end.

Room 3.30 is on the right.

Room 3.32 is on the right.

Room 3.33 is on the left towards the far end.

Food/catering/hot drinks/alcohol NOT permitted in these rooms

LOCATION

POSTERS:

Posters will be displayed just outside the Great Hall. From the main entrance (Estates Assistant's Office on the left) take the stairs or lift to the first floor.

Food/catering/hot drinks/alcohol is permitted in this space

FOOD & DRINKS:

Wills Memorial Building Room 1.5

Room 1.5 is in the Wills Memorial Building. From the main entrance (Estates Assistant's Office on the left) take the stairs to the first floor. Turn right and Room 1.5 is located on the right at the top of the stairs.

Food/catering/hot drinks/alcohol is permitted in this space

TRAVELLING INFO

Parking:

Street parking is expensive. However, there are two big car parks nearby which are both 5min walk from Wills Memorial Building.

Trenchard Street Car Park (Trenchard St, Bristol, BS1 5AN)

West End Car Park (Jacob's Wells Rd, Bristol, BS8 1EH)

Airport:

There is a bus from Bristol airport to Bristol city centre/temple meads/bus station (Bristol Flyer Express). If you go down in Bristol bus station you will be a 10 minutes' walk from Wills Memorial Building. There are buses every 10min and a single ticket costs £8. The journey time from Bristol Airport to Bristol bus station is 35-40minutes.

Train:

Temple Meads Railway station is 9min drive or 27 minutes walking distance from Wills Memorial Building.

CATERING

Finger Buffet Menu

Selection of sandwiches. Served on a variety of breads to include meat, fish & vegetarian fillings

Jerk chicken skewer. Served with mango salsa

Vegetable spring rolls. Served with sweet chilli

Mixed mini cake platter. Double chocolate brownie, lemon drizzle & shortbread

Fruit skewers. Served with passion fruit crème fraîche

Tea and Coffee:

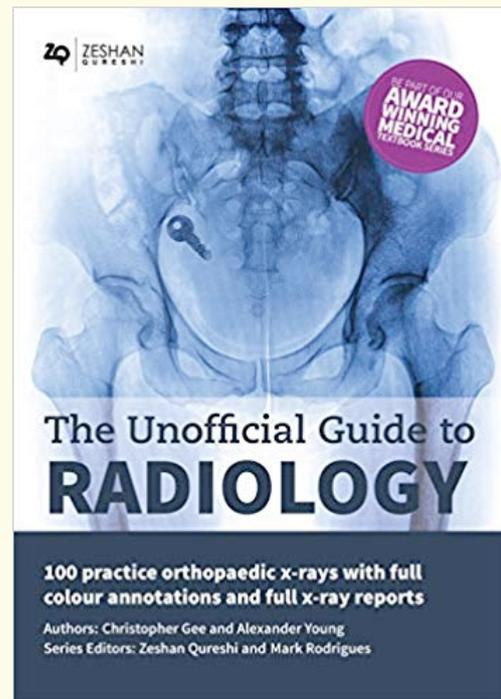
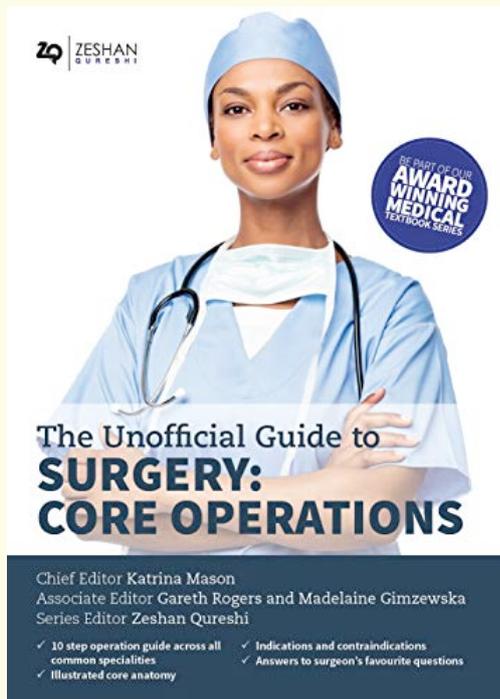
will be served in the afternoon break



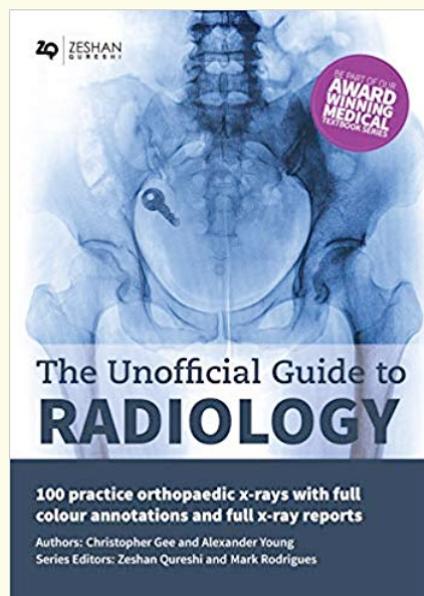
In addition, there are many restaurants, cafeterias and supermarkets near Wills Memorial Building.

PRIZES

2 PRIZES FOR BEST PODIUM



1 PRIZE FOR BEST POSTER



The Unofficial Guide to Medicine

SPEAKERS

Mr Dan Yeomans

How to survive your first ortho on call

How to build up your career from Med School onwards



Dan is an Orthopaedic Core Surgical Trainee based in Southmead Hospital, Bristol. He has a keen interest in medical education and regularly teaches on the University of Bristol Surgical Society surgical skills workshops.

Having learnt from a myriad of mistakes, Dan's talk will focus on tips and tricks of surviving your first orthopaedic on call.

Dan will also be giving us lots of tips on how to build your surgical portfolio from Med School onwards.

Mr Fergal Monsell

Advancements in Paediatric Limb Reconstruction



Fergal Monsell has been a Paediatric Orthopaedic Consultant at the Royal Hospital for Children, Bristol since 2004.

His practice is broad based with a special interest in the management of paediatric trauma and limb deformity.

He has an active research portfolio and is involved in education at all levels as Director of the Avon Centre for Musculoskeletal Education and Projector at the Grand Academy.

He is married to Ros, has three grown-up children and to his credit is a lifelong Spurs supporter.

Mr David Woods

Advancements in Sports Injuries



Mr Woods has been a Consultant Orthopaedic Surgeon in Trauma and Orthopaedic Surgery in Swindon for the past 16 yrs, specialising in traumatic and degenerative conditions of the shoulder and elbow.

He has over 20 years experience as a Consultant treating upper limb sports injuries. He has a full time practice in the NHS at the Great Western Hospital, dealing predominately with trauma.

Mr Woods is also the Royal College of Surgeons of England Surgical Tutor for the Great Western Hospital.

His talk will give an overview of the causes, prevention and treatment of sports injuries, where potential developments may occur in the future, and what role you may play in this.

Mr James Berwin

Orthopaedics abroad - Why bother?



James is an orthopaedic registrar on the Severn rotation. He spent 2 years as chairperson of the World Orthopaedic Concern-UK (WOC-UK) trainee committee and as the WOC-UK representative on the British Orthopaedic Trainee Association (BOTA) committee.

He is passionate about working to help create opportunities for trainees who want to get involved with orthopaedics in low- and middle-income countries. He lobbied the Specialty Advisory Committee (SAC) to change policy on study leave and Work Based Assessments (WBAs) relating to short trips and is working to streamline the process for matching trainees with suitable overseas projects.

In the last year he founded the Bahar dar Orthopaedic Network and Exchange with Severn (BONES), a regional orthopaedic partnership between Severn Deanery and a hospital in Northern Ethiopia.

Mr Giles Pattison

Surgical career myth-busting (and why you absolutely, definitely want to be an Orthopaedic Surgeon)



Giles is a paediatric orthopaedic consultant at University Hospital, Coventry. He trained in Bristol and the South West and completed the fellowship at SickKids in Toronto. His practice includes paediatric trauma, neonatal disorders and general paediatric orthopaedics. Mr Pattison has recently stepped down as TPD for the West Midlands (Warwick) programme and has had a career long interest in medical and surgical education. Giles is a Fellow of the Faculty of Surgical Trainers and is a member of the Diversity and Inclusion Working group of the British Orthopaedic Association. Other interests include leadership and management (he is Head of Surgery for the trust and a Regional Surgical Advisor for the Edinburgh college). He is currently supervising a PhD student to study the effects of cadaveric simulation and is an Honorary Associate Clinical Professor at Warwick Medical School. In his spare time Giles likes to cycle (badly) and run (slowly).

Mr Michael Kelly

Advancements in Trauma Orthopaedics



Mr Michael Kelly undertook his Orthopaedic training in Edinburgh with a fellowship in Vancouver specialising in trauma.

He was appointed to North Bristol NHS Trust (NBT) in March 2009.

His practice is trauma and hip and knee arthroplasty. He also contributes to the Orthoplastic with Mr. Umraz Khan.

Research interests are trauma and fracture care and bone biology.

Miss Sarah Dunkerley

Women in Surgery



Sarah Dunkerley is an Orthopaedic Registrar working in Severn Deanery.

She is currently in her final year of training as an ST8 and works at the Great Western Hospital in Swindon. She studied medicine at Nottingham University on the Graduate Entry Programme, qualifying in 2008. After completing foundation training in Oxford, she began Core Surgical Training at Exeter gaining her Registrar Number in Orthopaedics within the Peninsula Deanery. After 2 years she transferred to the Severn Deanery to align with her husband's training and moved to Bristol where she has been ever since. Sarah took maternity leave in 2015 and has worked Less than Full Time (60% full time equivalent) since August 2016.

She lives in North Bristol with her 4 year-old daughter and medic husband. Particular interests at work include a passion for teaching and with her primary area of clinical interest Upper Limb Surgery. Outside of work, Sarah and her daughter enjoy swimming and baking.

Shiv Kolhe

BOTA (British Orthopaedic Trainees Association)



Shiv Kolhe is a 4th year medical student at Newcastle University. He is an aspiring Trauma & Orthopaedic surgeon and the current Medical Student Representative for the British Orthopaedic Trainees' Association (BOTA). In this role, he promotes orthopaedic surgery amongst students by regularly speaking at undergraduate surgical conferences, ensuring all medical students are aware of orthopaedic events taking place nationwide and by organising the medical student stream at the annual BOTA Educational Congress.

Shiv represents the medical student voice at BOTA meetings, helping create opportunities for those interested in orthopaedics. He is passionate about building awareness around the positively changing stereotype within T&O surgery and aims to increase BOTA's visibility and reach amongst medical students.

Outside of medicine, he enjoys rugby, cricket and travelling. He also works a part-time job as a first aider for university sports matches.

OUR TEAM



Berenice Armbruster
President



Josh Wellington
Vice-President



Iolo Thomas-Jones
Academic Rep



Dr Conor Jones
Post-graduate Rep



Rishi Trivedi
Secretary



Dev Hamal
Webmaster



Imi Jones
Publicity Rep



Oscar Guest
Treasurer



Lina Alim
Events Coordinator



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THANK YOU FOR YOUR ATTENDANCE. WE HOPE
YOU ENJOYED THE DAY!